

Collagen Brand	Ancient Nutrition Bone Broth Protein & Organic Bone Broth Collagen	Ancient Nutrition Bone Broth capsules - Organic & Non-organic types	Ancient Nutrition Bone Broth Collagen	Neocell Collagen 2 Joint Complex capsules	California Gold Nutrition - Collagen UP	Zint Collagen Hydrolysate	Great Lakes Gelatin Co. Collagen Hydrolysate	Great Lakes Gelatin Co. Unflavoured Gelatin	Dr Axe Multi Collagen Protein	Sports Nutrition Pure Hydrolyzed Collagen Peptides
Types of Collagen	Type II	Type II	Type I, II & III	Type II	Type I	Types I & III	Types I & III	Types I & III	Types I, II, III, V & X	Types I & III
Collagen from?	Chicken bone broth concentrate <u>Organic</u> - chicken protein & bone broth concentrate	Chicken Bone broth concentrate	Natural Bone Broth Concentrate from Chicken, Beef & Turkey	Sternal chicken collagen	Marine - fish sourced hydrolyzed collagen peptides	Hydrolysed collagen from beef	Hydrolysed collagen from Beef (Bovine)	2 types -Beef Hide & Bone or Pig (Porcine) Gelatin	Hydrolyzed beef collagen, chicken bone broth collagen, hydrolyzed fish collagen & egg shell membrane collagen	Hydrolysed collagen from Beef
Ethically sourced?	"Working aggressively to get Animal Wellness Certification standards across entire supply chain"			?	?	Grass fed certified. Kosher Beef. "Committed to clean, ethical farming"	Pasture raised - (may still be fed grain?) Kosher beef	Kosher Beef - pasture raised	Grass fed Beef Wild fish Chicken?	Grass fed, pasture raised beef
Organic?	An organic option is available		No	No	-	No	No	No	No	No
Protein content?	<u>Non-organic</u> 20g per 24.6g scoop <u>Organic</u> 11g per 15g	3g per 6 capsules	13g per 17g scoop	3.6g per 6 capsules	5g per 5.12g scoop	11g per 12g scoop	11g per 12g serve (2 rounded Tbsp)	11g per 12g serve (1T)	7g per 7.8g serve (1 heaped scoop)	10g per 11g scoop
Possible allergens? All dairy, gluten, soy & nut free unless otherwise stated.	Free of common allergens. Organic also egg free.	Non organic contains EGG. Organic egg free.	Pure - no egg. Vanilla & Chocolate contain eggshell membrane collagen.	Free of common allergens. States gluten free. Doesn't state if egg free.	Contains fish. Made on equipment that process common allergens.	Gluten free certified. Egg free???	Only states Gluten free.		Contains egg and fish. Made on equipment that process milk, egg, fish, tree nuts & soy.	Strictly states NO gluten, dairy, egg, nuts, fish, soy, shellfish, wheat, yeast, fillers & preservatives.
Additional ingredients?	Naturally occurring Glucosamine Chondroitin & Hyaluronic acid <u>Organic</u> contains ashwangandha extract	<u>Non-organic</u> contains: ashwagandha, eggshell membrane <u>Organic</u> contains: Turmeric, ashwangandha, amla berry extract, pullulan.	Naturally occurring Glucosamine, Chondroitin, & Hyaluronic acid	Naturally occurring Glucosamine, Chondroitin, & Hyaluronic acid	States amount of Hyaluronic acid as 60mg per 5.12 g serve. Vitamin C 60mg as Calcium ascorbate.	Assume naturally occurring Glucosamine, Chondroitin, & Hyaluronic acid				
Fillers? Artificial Flavours, colours, sweeteners or preservatives?	Natural flavours. <u>Organic</u> also contains stevia, monk fruit extract, guar gum	No	No - Flavoured contains stevia, monk fruit extract, guar gum & natural flavours	Stearic acid (usually hydrogenated from palm oil!), vegetable magnesium stearate, and kosher gelatin capsule	?	No	No	No	No	No
Price Approx NZ\$	\$54.37 - \$59.21 lherb for 445g to 504g <u>Organic</u> - \$74.17 for 460g	<u>Non-organic</u> \$54.37 <u>Organic</u> \$61.80 for 180 capsules - 1mth supply	\$51.95 for 450g-528g	\$28.08 for 120 caps 4 caps - 1mth 6 caps - 20days	\$34.31 for 461g	\$31.83 for 454g	\$32.29 for 454g	\$28.16 for 454g	\$60.41 for 454g	\$38.48 for 454g
Flavour options?	<u>Non-organic</u> Pure Chocolate Vanilla Turmeric Coffee Banana Crème Greens <u>Organic</u> Vanilla Chocolate	N/A	Pure - egg free Vanilla Chocolate	N/A	Pure - egg free Vanilla Chocolate	Pure - unflavoured	Pure unflavoured - little to no taste	Pure unflavoured - can gel liquids. Using in cooking & baking.	Pure - Unflavoured	Pure - unflavoured
Notes	Tested for heavy metals, herbicides and pesticides. Can't currently state hormone and antibiotic free. The Bone Broth Collagen is Dr Axe's favourite as it has multi-dimensional benefits "for all round health". (Contains good amounts of types I, II & III).			Large range. Also check out Neocell Super Collagen - C (types I & III)	? If heavy metal tested	Hormone & antibiotic free. Dissolves well in cold water. Flavourless.	Hot or cold liquid soluble - doesnt gel PH 5-6.5 Heavy metal tested <0.005%	1T gels 600ml of hot liquid PH 4.1-5.5 Heavy metal tested <0.005%	Multi types of collagen but only small amount of type 2 - so not best option for joints Heavy metal tested	? If heavy metal tested

